

**In-Person Meetings COVID-19 Recommendations**

As of September 22, 2020, Big Sisters of BC Lower Mainland will permit interested matches to resume hang outs at each others’ homes in addition to in person outdoor outings. The following are guidelines and recommendations:

* Before making the decision to proceed with an in-person meeting, please consider and assess your personal and family situation.
* Study Buddy matches are not permitted to have in-person tutoring sessions as social distancing measures cannot be in place during close contact sessions. However, Study Buddy matches are allowed to have outdoor outings and virtual tutoring sessions.
* Respect each other’s comfort level and decision in regard of meeting up and social distancing measures.
* Always follow the latest recommendations and guidelines from Health Authorities to take proper precautions to protect your health and minimize the spread of COVID 19.
* Inform your caseworker before you resume in-person match meetings
* 3 key principles:
* Maintain physical distance/ minimize physical contact
* Wash your hands frequently and thoroughly
* Stay home if you are sick
* Physical Distance:
* Match meetings in outdoor spaces is recommended
* No overnight visits are permitted
* Avoid crowded public places and physical contact
* Wearing non-medical masks is recommended when social distancing cannot be observed
* Personal Hygiene:
* Wash your hands frequently and thoroughly and avoid touching your face
* Cough and sneeze into your sleeve
* Do not share any food, plates or utensils. Bring your own water bottles and supplies
* Sanitize anything you use before and after your match activity
* Do NOT go on match meetings if you are feeling sick or show any symptoms of illness
* Do NOT attend any match meetings if you have travelled outside of Canada in the past 14 days and if you were in close contact of a confirmed case or outbreak
* We recommend that you wear a non-medical mask or face covering in crowded public places such as stores, shopping areas and public transportation or when sharing a car

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| No Entry on Microsoft Windows 10 May 2019 Update  **Currently Not Allowed** | Light Bulb on Microsoft Windows 10 May 2019 Update  **Maybe Allowed** | Thumbs Up on Microsoft Windows 10 May 2019 Update  **Allowed** |
| 🞪 Face to face meeting with mentors indoor around large groups/crowded public places  🞪 Sharing food  🞪 Overnight visits | 🗸 Hang outs at each others’ homes  🗸 Wear masks when sharing a car or on public transit  🗸 Examples of activities: bike rides, walks, hikes and picnics | 🗸 No face to face meeting  🗸 Virtual activities  🗸 Phone calls  🗸 Text  🗸 Virtual meetings through Zoom and other platforms |

**Please check in with your caseworker if you have any questions or concerns!!!**